GOOD NEWS FOR HOMEMAKERS

By Shirley W. Walton
Extension Agent

HOW TO CONTROL ACNE

Acne, the skin condition that plagues many a teenager, can be controlled. Those who suffer help themselves by understanding its causes and recommended treatments.

The ailment usually begins with puberty and may continue into the early twenties. Though most obvious on the face -- back, shoulders, chest and neck can also be effected. The main cause is super-active oil glands, set in motion by complex body changes of adolescence. Simultaneously, the skin's ability to shed dead surface cells, called keratin, slows down.

Thus, the keratin layer builds up and tends to clog skin pores. The oil, or sebum, builds up behind the closures; whiteheads and blackheads erupt. Or, continued oil pressure may damage living cells in the canals of hair follicles and boil-like lesions appear. At its worst, pus spreads into surrounding tissue to form a cyst, leaving pock-like scars after healing.

Thorough and frequent washing is the first and on-going step in controlling acne. Washing two to four times a day and massaging face, neck and/or back with plenty of hot sudsy lather helps loosen blackheads and keratin-clogged pores. This also allows back-up oil to reach the surface. Rinsing with hot water, then cold is also recommended. Special acne preparations may be used in conjunction with careful washing. Be sure to follow instructions.

Oily hair can aggravate the condition. Frequent shampooing is important as well as keeping hair off the face.

Non-oily cosmetics are best. Any make-up should be washed off at bedtime, or before reapplying.

Boys should keep shaving to a minimum, yet often enough to be well-groomed. It is advisable to shave with the grain, in order to avoid in-grown hairs, and to wash with plenty of soap and hot water, if wet shaving. Use a fresh blade each time. Various preparations, such as the lather-type, the aerosal foam and the mentholated shaving products, aid in removing oil from skin. Leave on a full minute; shave. Afterwards, rinse with hot water, then cold. Apply an astringent.

If acne doesn't respond to at-home treatment, consult a physician. Bear in mind that acne differs with each individual -- what works for one, may not be the solution for another. Frequent washing and patience can help diminish acne woes!

RECIPE OF THE WEEK
WATERMELON RIND PICKLE

Soak 5½ lbs. watermelon rinds in 1 gallon cold water with 4 tablespoons salt. On the next day drain thoroughly and cook in 1 gallon water with 4 tablespoons alum for 30 minutes. Drain and cook for 45 minutes in clear water.

To make syrup:

Mix together 4½ lbs. sugar, 2 cups vinegar and pickle spices (in a bag). The amount of pickle spices used will depend on how spicy a flavor is desired. Let syrup come to a boil and add watermelon rinds. Boil for 5 minutes and seal in hot sterilized jars.

Many thinks to Mrs. Eloise Wheeler for sharing this, her time-tested recipe for Watermelon Rind Pickle. Mrs. Wheeler has successfully used this prize-winning recipe for 40 years. This is certainly a recipe you will want to clip and save.

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Capitol Comments

BY DAN DANIEL

WASHINGTON - Sept. 14 - As solutions to our energy shortages are sought, it is important to recognize the impact of such solutions on various elements of our lives. No area is potentially more vulnerable than agriculture.

Awhile back, we commented on a book titled THE **Unfinished Agenda** which, among other things, urged a return to less energy - intensive methods of agriculture. This document recommended such things as substituting man and animal-power for machinery; using "natural" pest control methods, such as planting onions and marigolds among the crops; utilizing natural fertilizers, rather than synthetic ones.

The whole approach seemed wrong-headed to us, and while we felt certain the many costs involved would be astronomical to purchasers of food and other agricultural products - and said so - we could not prove it.

Somebody has.

The Council for Agricultural Science and Technology has published a study on the cost of doing things the way we used to, and their findings support the feelings of your Congressman.

Take th substitution of people and animals for machinery. In 1976, a laborer, working a 10-hour day, was paid $26.50 on the average for agricultural work. The same output, using electrical equipment, costs three cents in power charges. Additionally, the present four million farm-workers would have to be joined by another 26 or 27 million people, if America's farms are to produce present crops using pre-mechanized methods. Of course, that would absorb all the present unemployed, but it would then require the addition of some 18 million who are currently employed in nonagricultural jobs. Since factory wages are already greater than farm wages, the competition for workers would force labor costs - which would be part of food costs - still higher.

As for animals, the situation would be even worse. People we have; horses and mules we don't - at least, not in the numbers needed. At present, total stock in the country is three million. It would take 20 years to breed the 61 million which would be necessary, and it would require the product of over 180 million acres of cropland, which represents almost half the land currently under cultivation.

The news is similarly negative as regards herbicides and pesticides, and just one example should suffice. Experiments in Minnesota with the corn crop established that with no weed control at all, the yield was 54 bushels per acre. Weed control by mechanical cultivation yielded 81 bushels, by application of herbicides, 90 bushels, and by hand labor 92 bushels. There is only one problem: There was a net loss per acre of $65.90 for that 92 bushels.

Agricultural production accounts for only three percent of our energy use, and the total food system (transportation, processing, preparation) consumes a little over 16 percent. All steps in the chain can incorporate energy efficiences, and the farm operation itself can be considerably improved. Soiar heat can be adapted for drying crops, heating buildings and greenhouses, and heating water for farm and residential uses. Windmills are feasible in the Great Plains and other areas with high velocity winds. Much energy can be conserved by changes in cultivaiton methods, and in more prudent application of herbicides and pesticides.

Agricultural production has been our salvation in international trade thus far. It paid a big share of our oil bill in 1976. The $23 billion we gained in foreign exchange for exported farm products amounted to 69 percent of our total energy imports of $34 bilion that same year.

All of this makes it of utmost importance to all of us that research in the area of energy improvements for agriculture receive a high priority.

It is also important, when someone comes up with a simple solution to a complex problem, to take a look at the credentials of those who put forth that solution. THE **UNFINISHED AGENDA** was prepared by "the nation's most knowledgeable and professional environmental leaders. These experts came from a growing number of lawyers, sceintists, engineers, journalists, and other professionals who have decided to devote their lives to environmental work", of course a noble objective. Did you hear mention of a farmer? an industrial worker? a housewife? a secretary? a retailer?

I don't suppose there is a person in this nation over the age of 25 who hasn't occasionally yearned for a return to the "good old days". As one who has survived them, I can assure you that while there were pleasures and satisfactions, they really weren't all that desirable in many respects. Breakfast in the dark, and supper in the dark, separated by hours of walking behind a plow, left scant time to contemplate the beauties of nature, or the benefits of a healthy environment.

Much can be done, and will be done, as energy becomes more costly and more scarce. Common sense will dictate that. But the one thing which obviously cannot be done is to turn back the clock.

Health-wise

By Marylou Blosser, R.N.

Impetigo

One of the communicable skin infections of childhood is impetigo. This infection is usually relatively minor to the individual affected. Impetigo rarely incapacitates the victim, and interferes little with normal activities. However, if severe, it may be unpleasant and uncomfortable. Impetigo can hit at any age but usually does not become a great problem unless it appears in groups of children in schools or camps.

Impetigo is a purulent infection of the top layers of the skin. It may be offensive in appearance but is rarely serious except when it occurs in newborn infants. The lesions may involve exposed surfaces of the skin, especially the face, arms and legs, but it can spread quickly from one part of the body to another. It is more kely to break out in children living in areas having poor personal hygiene, but it can appear under the best hygienic conditions. If unchecked, the infection can spread quickly through school or camp.

A few measures of control are suggested here:

1. Schools should attempt, as far as possible, to exclude children with impetigo, to prevent its spread to other children.
2. Special attention should be given to towels and sheets that the infected child uses. They should not be used by anyone else.
3. All clothing that has been in contact with the impetigo lesions should be disinfected.
4. Parents of the infected child need to follow carefully the physician's instructions in caring for him.
5. Discharges from unhealed lesions should be disposed of so that other children are not infected.
6. If the child is an infant, wash the crib and other furniture thoroughly to avoid contamination of other children.
7. Discharges from the nose of an infected person is one of the chief sources of infection and should be disposed of properly.

There is no immunization for impetigo. Susceptibility is general. Immunity does not follow an attack. Personal cleanliness is important for everyone, particularly avoidance of the common use of towels and soiled articles.

Treatment is the most important means of reducing spread of the lesions. If the doctor has prescribed medication, the instructions should be followed carefully.

© by the Health Department, General Conference of the Seventh-day Adventist Church, as a community service.

Scout Night

A SCHOOL NIGHT TO JOIN SCOUTING will be held Thurs., Sept. 22 at 7:30 p.m. at the Appomattox Elementary School cafeteria.

In Appomattox Cub Pack 546 will discuss Cub Scouting with interested boys and their parents. Cub Scouts is for 8, 9 and 10 year old boys and offers a year round program of activities. A boy may join Cub Scouts if he has completed the second grade or is 8 years old.

The **Scout Night** to join scouting is an annual event to provide the opportunity for boys to learn about scouting and join the local Cub Pack. All interested boys and parents are invited to attend.

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TIMES-VIRGINIAN

A LIVELY WEEKLY NEWSPAPER AT HISTORIC APPOMATTOX COURT HOUSE, VIRGINIA

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Father Darkleaf

BY CALVIN ROBINSON

To help us get into the spirit of Fall, stores have set up seasonal decorations and any day now will see a display of pumpkins. I have never grown a pumpkin, although have eaten my share of pumpkin pie. Fall brings a harvest of opportunities, and Appomattox never was one to miss out on anything. And very soon now they will be reminding us of how many shopping days are left before Christmas.

• • •

Many times in this column I have referred to Court Street and called it "Washboard Street" because of its bumpy surface, canal-like cracks and general need of remedial attention. Glory be, all that is behind us and now Appomattox can be proud of the local Broadway.

• • •

Appomattox thrives when there is a steady flow of tourists. So does our historic State. The Centennial of the Peace at Appomattox made 1965 a banner year. Then the Bicentennial of American Independence made 1976 a great travel year. Now some travel centers say there is a slight decrease in history-motivated travel. My feeling is that Americans love to "go places" and that the basic availability of good roads, good accomodations, good food and genuine hospitality pays dividends. Of course there are factors like weather, the cost of gasoline and the general condition of the economy. We must keep working at it, for even if blessed with apple pie, we want it a la mode.

• • •

Virginia college football teams showed improvement last week end. William and Mary defeated Louisville, 21 to 7, and my alma mater, University of Richmond, won 21 to 13 over Appalachian State. There were some squeakers. How about the one-pointers and close-shaves! Memphis State 21, VPI & SU 20; East Caroline 14, VMI. 13; Cente 14, Washington and Lee 13; and elsewhere on the scoreboard, Amelia County 14, Buckingham County 13, Towson State 3, Randolph-Macon 0; Oaklahoma 29, Ohio State 28; James Madison 17, Hampden-Sydney 14.

• • •

If'n I owned a race horse, I would name it Martha Street Flash. Have always marveled at the names of race horses. Noticed that in a steeplechase racing program at Fair Hill Track, Maryland, the winner was named Leaping Frog. Won over Ages ago. Others among the entries were Pearlie Mae, House Warming, Pumpkin Pie, All There's, Generous Reward and It's Good For You. Years ago, many years ago, there was a program of harness racing at the Appomattox County Fair, but I cannot recall the name of any Appomattox race horse. My late Dad had a fast-moving horse to pull our buggy to his rural churches. Name of Nellie. I had a pony named Trixie. General Robert E. Lee's favorite mount was Traveller and Gen. Grant's horse at Appomattox was named Cincinnati.

• • •

Good exercise. I have noticed an increasing number of local people who go for a daily walk. Brightleaf walks more than I do, so I might give it a try. There are more walkers than joggers in Appomattox.

• • •

In June, the national occupany rate for motels - hotels, was 74 per cent. Colonial Williamsburg expects its 1977 visitor total to reach 1.12 million. Heavens to Betsy, I have not been traveling lately, but will sign off and undertake a round-trip safari to **The Times-Virginian** with above copy. Thanks for reading, and seeya next week, I hope, I hope, I hope.

THE RED CROSS BLOODMOBILE made its first visit of the fiscal year to Appomattox on Tuesday of this week and as expected the citizens of this county went out "and gave blood". A total of 128 units of blood was collected toward a goal of 110 units for this visit.

Appomattox County is once again rating 100% in the Red Cross Blood Program.

Andrew Miller Will Be Grand Marshall At Historic Appomattox Railroad Festival

Andrew P. Miller will serve as Grand Marshall in the Historic Appomattox Railroad Festival Parade on Saturday, October 8th. Accompanying him will be his wife, Doris, and daughter, Elise.

Mr. Miller was born in Fairfax and attended Princeton University and the University of Virginia, achieving high honors at both schools.

He began his law practice in Abingdon. While there, he was quite active in church and community activities.

He chose to serve the public by running for Attorney General and served in this position from 1970 - 1973. Miller currently lives in Richmond.

Don't miss this opportunity to meet an outstanding Virginian.

"College Night" Set For October 5 At E.C. Glass

The Guidance Department at Appomattox County High School would like to urge high school juniors and seniors and their parents to attend "College Night" at E. C. Glass High School on Wednesday evening, October 5, 1977, from 7:30 p.m. to 10 p.m.

This annual event will provide an opportunity for parents and students to meet with representatives of most Virginia colleges and a number of out-of-state institutions. Special training and technical schools, such as electronics, cosmetology, nursing, shipbuilding apprentice schools, and business will be represented.

The meeting will begin with a very short general session followed by four thirty minute sessions giving time to visit the representatives of four different schools. Any questions concerning "College Night" should be directed to Mrs. Harriet James or Mrs. Joyce Jamerson, counselors at the high school. Telephone: 352-7146.

CANDIDATE VISITS APPOMATTOX

Joe Canada, candidate for Lt. Governor of Virginia in the upcoming General Election, is shown greeting a former classmate, Paul Ford of King's Markets. The two men hadn't seen each other since they were classmates in Lynchburg twenty-five years ago & by accident met at the office of the **Times-Virginian** Friday of last week. In the background is Mrs. Frances H. Paulette of the **Times-Virginian** and Robert Carter, local attorney.

Currently serving his second term as State Senator, Canada has experience, a genuine concern for the people of Virginia and a personal knowledge of Virginia. A graduate of Hampden-Sydney College and the University of Richmond Law School, he served as Assistant Commonwealth Attorney for Virginia Beach after completion of law school.

Because Joe Canada grew up as an orphan, he worked in the steel mills, drove trucks, worked hard at anything he could find to do in order to put himself and a younger sister through school. He is in a position to understand the needs of the working people . . . he is one of them.

In 1972, Canada was named to "Outstanding Young Men of America"; in 1973 he was named to "Distinguished Legislators of America"; in 1974 he was named to "Who's Who in American Politics", and named "Outstanding Young Man of Virginia Beach"; and in 1975 he was named one of the ten outstanding men of Virginia.

Although his proven record speaks for itself, Joe Canada is the kind of man who puts people ahead of politics.

PP&K Registration To End Friday

Registrations for the 1977 Punt, Pass & Kick competition co-sponsored locally by the Appomattox County Jaycees and Lawson Ford, Inc. will end Friday, September 30th.

The contest is open to any youngster 8 through 13 years of age. If you can punt, pass or kick a football - or if you'd like to try - you will want to sign up in the showroom at Lawson Ford. You must be accompanied by a parent or guardian.

Participants compete only against others in their own age group and there is no body contact. No special equipment is needed and participation does not impair a youngster's amateur standing. Each youngster will compete in three categories, punting, passing and kicking.

Competition is set for 10 a.m. on Saturday, October 1, 1977 at the football field.

Trophies will be awarded to winners in each age group. If you have not registered yet and want to compete, stop by the showroom at Lawson Ford today or Friday!

ASAP To Offer Facts To Students

Will they listen if we say, "Don't drink?"

The Central Virginia Alcohol Safety action program (ASAP) is offering Amherst, Appomattox, Campbell, Bedford and the Lynchburg area driving education students the facts about drinking and driving.

Drinking is more common among elementary and high school students than marijuana use according to the Va. Dept. of Education. A national survey by NIAAA showed 98% of boys and 87% of girls in their senior year of high school have used alcohol.

ASAP's Public Information and Education Coordinator, Robert Keeton said, "Rather than moralizing about alcohol, we spend time teaching its effects. Driver education students learn that a drunk driving (DUI) conviction usually means doubled or triple insurance rates plus a fine, loss of license, and jail."

The per cent of alcohol related fatal crashes has increased steadily since 1973. In 1976, 50% of all crashes were alcohol related, 34.8% of all fatal crashes were alcohol related, and 37% of all pedestrian fatalities were alcohol related. In 1975 and in 1976 there were 3 fatalities in Appomattox County. On Route 460 alone there were 1,046 crashes with 16 deaths, the eighth highest in the state.

Young drivers annually account for a disproportionate number of fatal crashes; alcohol education is a part of the solution. ASAP lectures show that beer, wine and liquor lead to equal levels of intoxication. Keeton points out that "sobering up" is a function of time.

Continued on Page 8

Mayors Proclaim October Rescue Squad Month

Football Contest Winners Announced

Winners in the Weekly Football Contest sponsored by area businesses have been announced by the TIMES-VIRGINIAN for last week's contest.

Neal Cole of Appomattox, with 19 of the 23 games picked correctly, is winner of the first place prize.

Ronald C. Spiggle of Appomattox and Dale Garrett of Concord tied for second place with each getting 18 games correct from the possible 23 games to predict. Going to the Tie Breaker for a winner, each tied on the Appomattox - Nelson game but in the second Tie Breaker, VPI - Memphis State, Spiggle was four points closer to the actual game score and is declared the second place winner.

Neal Cole will receive a check in the amount of $10.00 as first place winner and Ronald Spiggle will receive a check in the amount of $5.00 from the TIMES-VIRGINIAN as second place winner.

Be sure and enter the contest this week and get your entry into this newspaper - you may be the winner next week.

Local Teachers Attend Workshop

Evelyn Heising, Appomattox County High School teacher, and Patsy Butler, Appomattox Primary School teacher, attended a workshop held at the Holiday Inn South, Lynchburg, on Saturday, September 24.

The workshop, sponsored by the Virginia Education Association and Central Virginia University, was entitled "Issue Organizing - Community Organizing Training." Leaders of the program were Bob Stainbeck, CenVaServ Director, and Gene Truitt, VEA staff member.

The thrust of the day long meeting was on teacher awareness of community and teacher concerns. Training

Continued on Page 8

AMS PTA MEETING SET FOR MONDAY

The Parent-Teacher Association of the Appomattox Middle School will meet on Monday, October 3, 1977 at 8 p.m. in the school cafeteria.

An open house is planned for this meeting and we urge all parents to come out and support the P-TA.

The officers of the AMS P-TA for the year are: President, Mrs. Sally Walker; 1st Vice President, Mrs. Helen Beaty; 2nd Vice President, Mrs. Elizabeth Alderson; Secretary, Mrs. Nell Drinkard; Treasurer, Mrs. Barbara Williams; Chaplain, Rev. R. Q. Lawing; and Parliamentarian, Mr. Earl Agee.

Continued on Page 8

THE WOMAN'S CLUB OF APPOMATTOX presented a check on Tuesday in the amount of $200.00 to Mr. Donald Armentrout, Principal at Appomattox County High School. This money will be used for landscaping the grounds of the high school.

Presenting the check, on behalf of the Woman's Club, are Mrs. Martin Webb and Mrs. Henry Moore, Co-Chairmen of the Beautification Committee of the Woman's Club.

Arts and Crafts Centr member Paul Younger demonstrates the art of crafting split oak baskets in photo above. Paul will attend the Smithsonian's National Folklife Festival next week in Washington, D.C.

Local Craftsman Invited To Smithsonian

Basketmaker Paul Younger, whose demonstrations at the Arts and Crafts Center here in Appomattox have drawn crowds of people locally, will venture to the national scene demonstrating his craft of making split oak baskets. Paul has been honored by an invitaiton to participate in the Smithsonian Institution's Eleventh Annual Festival of American Folklife to be held on the National Mall in the shadow of the Nation's Capitol Building.

The Festival, which seeks to present outstanding examples of living American folklife, will be held October 5th through October 10 on the grounds surrounding the Smithsonian Institution in Washington,D.C.

The festival programs featuring craftsmen and performers from across the United States will run daily from 11 a.m. to 5 p.m. with other programs specially scheduled in the evenings. Hundreds of thousands of people are expected to attend.

Paul is looking forward to participating in the national festival although he will miss that he miss the Appomattox Railroad Festival here on October 8th. Paul will attend on Friday, October 7 from 9 a.m. at Williams's Supermarket and at Triangle Plaza Shopping Center and at Chamber's Store.

On Saturday, October 1, 1977, members of the squad will be at Triangle Plaza Shopping Center and William's Super Market from 8 a.m. to 9 p.m. at locations in Pamplin, Chamber's Store, Marston Store, Evergreen Store, Spout Spring, Oakville, and at Vera to accept donations.

County citizens are asked to cooperate again this year by stopping by one of these locations and making your contribution to this worthy cause. You may donate to any member of the Appomattox County Rescue Squad or you may mail in your donation to Appomattox County Rescue Squad, Fund Drive, Box 57, Appomattox, VA 24522.

The 1977-78 Fund Drive is headed by Ray Noble, Training Officer of the squad, who is serving as Finance Chairman. Serving on this committee with Noble are Andy Scruggs and Nellie Almond. Beck Hudson is chairman of Publicity Committee and serving with her are Abner Scruggs and Gordon Staples.

YOU, the people of Appomattox County have expressed your confidence in the Appomattox County Rescue Squad in past years by your generous donations and members of the squad feel that it is only fair to you to maintain the latest and most efficient in equipment, training programs, and communications.

With your continued cooperation, this fund drive will be the success that it has been in the past. "If You Help Us - "We'll Help You."

1977 Goal Set For $12,500

Henry Pack, Mayor of the Town of Appomattox, and Jim Williams, Mayor of the Town of Pamplin, have both proclaimed the month of October as Appomattox County Rescue Squad Month.

In issuing the proclamation, both mayors stated that they were pleased to do this on behalf of the volunteer members of the Appomattox County Rescue Squad for the outstanding work they do and for the service they render the citizens throughout the county.

The 1977-78 Annual Fund Drive will officially begin this week end with squad members ready to accept your contributions for operating expenses, heart monitoring expenses, and to purchase needed equipment.

A goal of $12,500.00 has again been set for this year and the slogan "You Help Us - We'll Help You" has been adopted for the fund drive. Without the help and the generous contributions of the citizens of Appomattox County, the three ambulances now manned by members of this volunteer organization could not operate.

A canvass in the same manner that was used in the past four years will again be used this year. Spot locations will be set up throughout the county on Friday night, September 30, starting at 7 p.m. and ending at 10 p.m. at Williams's Supermarket and at Triangle Plaza Shopping Center and at Chamber's Store.

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Workday For Teachers - September 30

Students will not report to school on Friday, September 30. This is a workday for teachers.

Because of the many records which teachers are required to keep and the need for individual and group planning, this date was requested by teachers to be included in the 1977-78 school calendar.

On Friday, November 4, students will not attend school while teachers participate in in-service activities. On this date, teachers will be available in the afternoon for conferences with parents. A close working relationship between the school and home is essential in meeting the needs of students.

There are times when a teacher and the school principal determine that a conference with the parents is necessary. You will be contacted. At other times you may want to request a conference with the teacher of your son or daughter. In this case, you should call the school principal and schedule a time when the teacher can be available to talk with you. Whenever a conference is initiated, it is in the interest of the student.

Scoliosis Screening Clinic Planned

During the month of October, Appomattox County School Division will conduct a screening program to find children with curvature of the spine (scoliosis). According to available information, 7 to 10 of every 100 children may develop scoliosis, and 1 to 8 of that group will require treatment. Of the condition is detected early and appropriately treated, progressive spine deformity can be prevented.

The procedure for screening is a simple one in which the screener (nurse or physical education teacher) looks at the child's back while he or she is standing or is in the forward bending position. Any abnormality noted should be referred to a doctor.

If your child has a possible curvature, you will be notified and asked to take the child to your family physician, pediatrician, or orthopedist for diagnosis.

Students in grades five through nine will be screened. If there are questions, call the principal of the school your child attends.

FAMPLIN RURITANS TO SPONSOR MUSIC SHOW

Country Music will be featured at the Pamplin Community Center ballpark Friday, Sept. 30 beginning at 7:30 p.m.

About eight County and Western bands from Virginia and North Carolina are scheduled to play. The Skyliners of Lynchburg, first winners at Pamplin's last show, will retuen. Henry Fulcher of WFLO Radio will be Master of

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Cannery Open Monday & Wednesday

The Appomattox Community Cannery will be operating Monday and Wednesday.

If you have any questions or want to make an appointment, call 352-2222 day (Monday and Wednesday only) or 352-5208 nights.

The Pamplin Community Cannery will be operating Tuesday and Thursday. If you have any questions or want to make an appointment, call 248-6186 days, or 248-6007 nights.